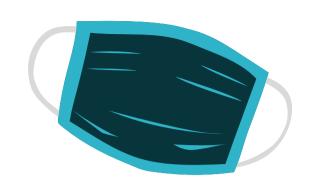
## HOW CAN I PROTECT MYSELF AGAINST COVID-19?



**SOURCE: WORLD HEALTH ORGANIZATION** 

Wash your hands frequently

Avoid touching your eyes, nose, and mouth

**Avoid crowded places** and put space between yourself and others

Cough or sneeze into your bent elbow or a tissue

If you have fever, cough, or difficulty breathing, **seek care early**. Call beforehand and follow medical advice.



