How to Safely Wear a Disposable Mask
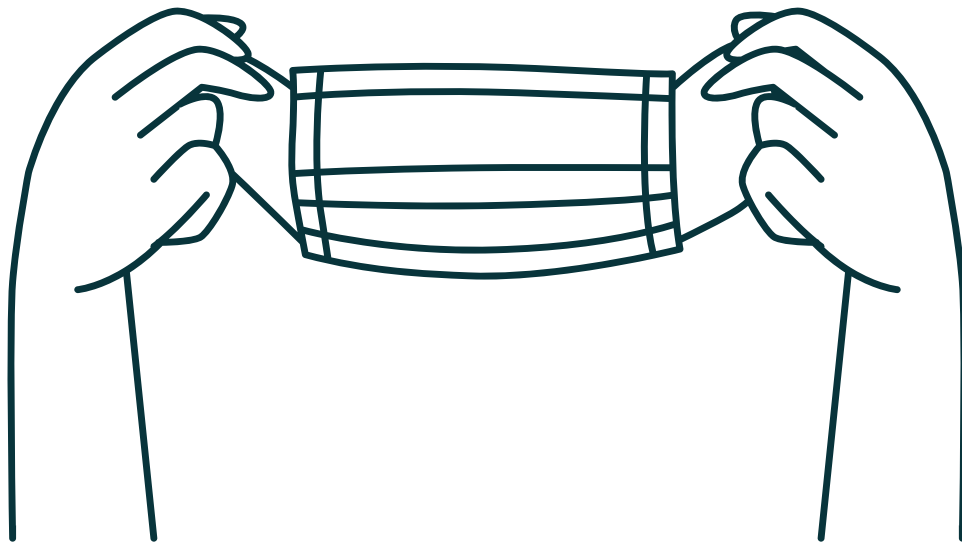
Do's

- ✓ Thoroughly wash hands with soap and water before touching the mask

- ✓ Check the mask for any tears or holes

- ✓ Find the top side where the metal piece or stiff edge is

- ✓ Ensure that the colored side faces outwards

- ✓ Place the metal piece/stiff edge over your nose

- ✓ Cover your mouth, nose, and chin.

Do's

✓ Adjust the mask without leaving gaps on the side

✓ Avoid touching the mask

✓ Use the straps to remove the mask

✓ Keep the mask away from you or any surface when removing it

✓ Discard the mask immediately after use, preferably into a closed bin

✓ Wash your hands after

Dont's

✗ Don't use a ripped or damp mask

✗ Do not wear the mask only over mouth or nose (both must be covered)

✗ Do not wear a loose mask

✗ Do not touch the front of the mask

✗ Do not do other things that will require touching the mask

✗ Do not leave used mask within the reach of others

✗ Do not re-use the mask

Greenbush