

Kindergarten - 2nd *The Pout Pout Fish*

Social-Emotional Character Development

Lesson Description:

Mr. Fish believes he is “*destined* to be glum” but his friends all believe differently. Reading the book *The Pout Pout Fish* by Deborah Diesen, we will dive into the ocean to discover how to be caring friends and help turn some pouty frowns upside-down. We will also discuss how our attitudes can affect others.

Standards:

- **SECD.P.1.1** - Understand and demonstrate appropriate and inappropriate **behaviors and the impact** it has on others in all communities.
- **SECD.P.1.3** - Recognize **characteristics of caring relationships**, hurtful relationships, and can identify trusting adults.
- **SECD.P.1.8** - Develop **self-control skills** (for example: stop, take a deep breath and relax).
- **SECD.P.3.5** - Describe how words, voice tone and body language communicate and can impact relationships positively and negatively.
- **SECD.P.3.8** - Identify and practice appropriate behaviors to **maintain positive relationships**.

Materials Needed:

- None

Extended Activities:

- Gratitude ABCs
 - Have students make a list or an ABC book of things they are grateful for
- Five Finger Gratitude

Program Connection Information

Please use an external microphone (conference style) rather than the integrated one in the computer for the audio for your class and locate it centrally in the room. It can be difficult for the Greenbush teacher to hear the students using the computer microphone and therefore it reduces the interactive nature of the lesson. It is fine to use the computer webcam for your video source though.

All classes will take place using Zoom desktop video. You may need to download Zoom launcher software ([free download](#)) if you don't already have it. This needs to be done in advance of the lesson.

It's always a good idea to touch base with your district technology facilitator prior to your program to make sure all systems/equipment are in place and operational and no firewalls that might prevent you from connecting to Zoom.

Once you have received confirmation of your scheduled lesson, a Zoom link invitation will be sent to you via email. This invitation will be specific to your scheduled time and date; therefore it will not work for any other lessons hosted by the Greenbush Student Enrichment Department. If you have students connecting remotely, please remember to forward this invitation to them.

Once you connect, you will enter a Zoom waiting room. Your Greenbush teacher will admit you into the final meeting room.

If you have questions, please email Amie Beggs at amie.beggs@greenbush.org or Emily Joy Roth at emily.roth@greenbush.org.

Gratitude ABC's

I AM THANKFUL FOR...

A

B

C

D

E

F

G

H

I

J

K

L

M

N

O

P

Q

R

S

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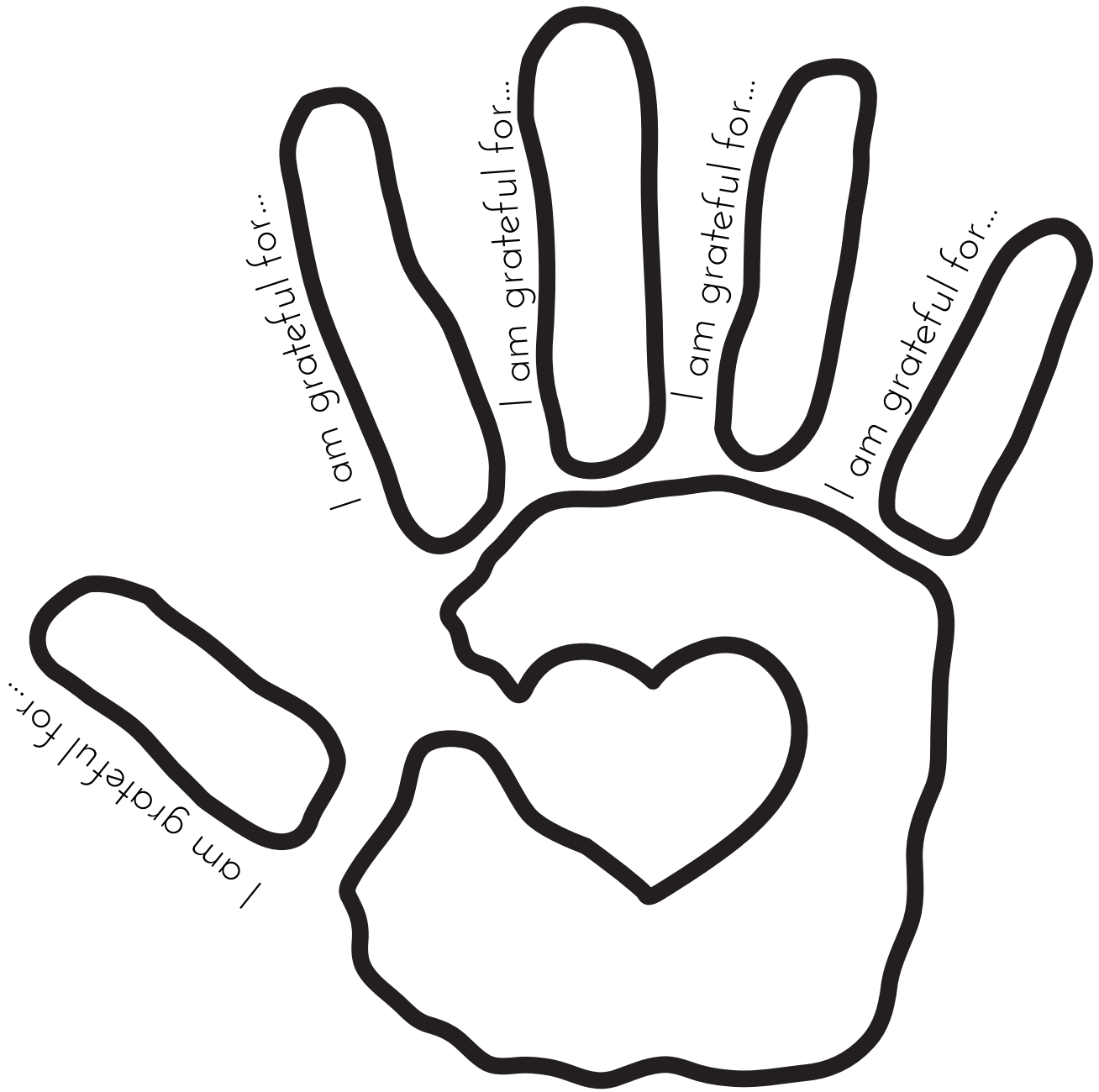
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X

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Five Finger Gratitude



Write or draw a picture of five different things you are grateful for in each finger. Add some color and decorate it too!

