SPECIALIZED LEARNING SERVICES

Teacher & Family Resource Document

Enhancing Your Knowledge & Moving to Application

Books/Audiobooks

The Connected Therapist: Relating Through the Senses Marti Smith, OTR/L

What Happened to You? Conversations on Trauma, Resilience, and Healing Bruce D. Perry, MD. Ph.D., and Oprah Winfrey

<u>Brain Body Parenting: How to Stop Managing Behavior and Start Raising Joyful, Resilient Kids</u> Mona Delahooke, Ph.D.

<u>The Explosive Child, A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children</u> Ross W. Greene, Ph.D.

<u>Changeable: How Collaborative Problem-Solving Changes Lives at Home, at School and at Work</u> J Stuart Ablon, Ph.D.

The Boy Who Was Raised as a Dog: And Other Stories from a Child Psychiatrists Notebook Bruce D. Perry, Ph. D., and Maia Scalavitz

Born for Love: Why Empathy is Essential and Endangered Maia Szalavitz and Bruce D. Perry, Ph. D.

The Connected Parent: Real-Life Strategies for Building Trust and Attachment Karyn Purvis, Ph.D., and Lisa Qualls

Beyond Behaviors: Using Brain Science and Compassion to Understand and Solve Children's Behavioral Challenges Mona Delahooke, Ph.D.

Connections Over Compliance: Rewiring Our Perceptions of Discipline Lori L. Desautels, Ph.D.

<u>The Out-of-Sync Child: Recognizing and Coping with Sensory Processing Disorder</u> Carol Kranowitz, M.A.

<u>The Whole-Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind</u> Daniel J Siegal, M.D. and Tina Payne Bryson, Ph.D.

The Body Keeps Score: Brain, Mind, and Body in the Healing of Trauma Bessel Van Der Kolk. M.D.

Spark: The Revolutionary New Science of Exercise and the Brain John J. Ratey, M.D. and Eric Hagerman

Peak Mind: Find Your Focus, Own Your Attention, Invest 12 Minutes a Day Amishi P. Jha, Ph.D.

Podcasts, Videos, and Websites

Podcasts

<u>The TBRI Podcast</u> Karyn Purvis Institute of Child Development <u>Parenting After Trauma</u> Robyn Gobbel, LCSW LMSW RPT-S

The Adoption Connection: Resources By and For Adoptive Parents Lisa Qualls and Melissa Corkum

The Forgotten Initiative Jami Kaeb

Videos

<u>Info. NMN</u> Bruce Perry, Ph.D. <u>JenV the OT</u> Jennifer Vennart

<u>Be Rhythmic</u> Luke Graner <u>Think Kids</u> J. Stuart Ablon

Rethinking Challenging Kids-Where There's a Skill There's a Way J. Stuart Ablon

COVID-19 Stress, Distress, and Trauma Series Bruce Perry, Ph.D.

Websites

My NeuroLogic ClassroomNeuroLogicThink:Kids. Rethinking Challenging KidsRevelations in EducationLori Desautels, Ph.D.Collaborative and Proactive SolutionsRobyn GobbelLCSW LMSW RPT-STrust Based Relational Intervention

SPECIALIZED LEARNING SERVICES

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THERAPEUTIC SERVICES & TRAUMA SENSITIVE SUPPORT FOR FAMILIES

Trust Based Relational Intervention (TBRI)

<u>Kansas Practitioners:</u> Directory of trainers, consultants, and therapists who are specifically trained in TBRI in Kansas. The city and contact information for each practitioner is available.

<u>Kansas Trainings:</u> Directory of upcoming TBRI training in Kansas. Mode of training and location is also included (virtual, in-person and location) along with registration details.

Neurosequential Model of Therapeutics (NMT)

<u>Kansas Trained Practitioners</u>: Directory of practitioners trained in NMT. Details if training is complete or in progress and also provides contact information via email.

Collaborative Problem Solving (CPS)

Kansas Certified Practitioners: Directory of practitioners trained in Collaborative Problem Solving in Kansas.

Pediatric Connections OT

Occupational Therapy Services in Overland Park: This link will take you to information specific to the supports that Pediatric Connections OT provide both their clients and their families.

SPECIALIZED SERVICES IN SCHOOLS FOR FAMILIES

<u>Kansas Process Handbook</u>: Developed to provide guidance, resources, and supports for professionals providing services and support to children with exceptionalities. It attempts to clarify and define legal requirements of special education law and regulations.

<u>Kansas State Department of Education Parent Rights in Special Education (Procedural Safeguards)</u>: Outlines specifically the rights that parents have in the process of special education.

<u>Wrightslaw:</u> Website dedicated to parents, educators, advocates, and attorneys for reliable information about special education law and advocacy for children with disabilities.

Difference Between IEP and 504: This <u>link</u> takes you to presentations slides outlining the differences between IDEA and 504. This <u>website</u> outlines specific differences between an Individual Education Plan (IEP) and 504 plan.

Families Together: This <u>link</u> takes you directly to the website to access training opportunities, contact information for specific advocacy needs in and out of the school setting. This <u>link</u> takes you directly to the page for information and training registration for becoming an educational advocate.