



Our Services Support Your Unique Needs

	 LEADERSHIP & GROWTH	 PROBLEM SOLVING	 LEARNING A NEW ROLE
	Professional Coaching	Consulting	Mentoring
SERVICES	• <u>1:1 Coaching</u> • <u>Team Coaching</u>	• <u>Emergency Preparedness</u> • <u>Strategic Speed Planning</u> • <u>Specialized Learning</u> • <u>Financial Services</u>	• <u>Leadership Academy</u> • <u>School Improvement Services (Cadres & Forums)</u>
FOCUS	Explore thoughts, feelings, & behaviors to deepen self-awareness, clarify goals, & inspire purposeful action toward desired future	Specialized expertise, strategy, & structure to solve defined problems & improve individual or organizational results	Succeed in specific role by sharing knowledge, experience, & lessons from similar paths
RELATIONSHIP	Collaborative: Coach helps you discover answers & potential while owning decisions & actions	Advisory: Consultant provides specialized expertise, analysis, & recommendations	Work-based: More experienced professional offers encouragement, guidance, & perspective
APPROACH TO EMOTION*	Recognized as natural source of insight: Explore emotion meaning to support awareness, choice, & growth	Only address if affects problem-solving, stakeholder engagement, or implementation	Acknowledged when related to the role through empathy, reassurance, & shared experience
WORK PROCESS	• Clarify purpose & goals • Explore challenges & opportunities through questions & reflection • Develop client-owned actions & accountability • Review learning & adapt	• Define scope • Use interviews & data to assess problems & recommend solutions • May support implementation & evaluation	• Explore challenges & aspirations • Learn skills • Receive experience, advice, & feedback to guide development

**If you would like help with emotional healing, ask your organization about Employee Assistance Program therapy options.*

QUESTIONS?

Contact Monica.Murnan@greenbush.org, (620) 249-7149.